



"ROUND DANCER" Magazine

WYOMING LULLABY (Instrumental)

JAN - 1976

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Record--TELEMARK #908-B (Flip of "Goodnight Waltz")

Sequence: INTRO-A-B-INTERLUDE-A-B-INTERLUDE-TAG

MEASURES

INTRODUCTION

1---4 (OP facing diag Wall & LOD) WAIT; WAIT; APART, POINT, -; TOGETHER (To CP), TCH (LOD & COH), -;

PART - A

- 1---4 (LF) TURN WALTZ; BK, SIDE HOVER, BK (Contra Bjo) Wall LOD; (R Chassee) BK L, SIDE R/CLOSE L to R, SIDE R; (Contra Check) FWD L, RECOVER R, SIDE L (SCP LOD & COH);
 1.....(CP LOD & COH) LF waltz turn to face RLOD;
 2.....Bk R LOD commence LF turn, side & fwd L LOD & Wall HOVER leave feet apart, recover R;
 3.....(R Chassee) Bk L COH & RLOD blend contra Bjo LOD & Wall (W fwd R outside ptr), blend CP side R RLOD & wall/close L to R, side R;
 4.....(Contra Check) Continuing twd RLOD & wall fwd L toe out slightly strong step cross upper thighs M's L & W's R on same line flex L knee slightly leave R leg extended pressure on R toes (W R well bk under body toe slightly out do not lower to R heel leave L leg extended)(NOTE: M's L will be between W's feet & all four feet will be on one line), recover bk R, side L blend SCP LOD & COH;
 5---8 WEAVE, 2,3; 4,5,6; MANUV; IMPETUS SCP FACE LOD;
 5-6....(SCP LOD & COH)(Weave) Thru R commence LF turn, fwd L turn LF, side R COH LOD in CP (W thru L, side & bk R twd RLOD & COH facing M in CP, side L); Blend Contra Bjo bk L twd COH & LOD, bk R LOD & COH blend CP commence LF turn, side L wall & LOD Contra Bjo;
 7.....(Contra Bjo) Maneuver fwd R, side L LOD & Wall, close R to L CP RLOD;
 8.....(Impetus to SCP) Bk L pivot RF, M heel turn on L close R to L, side & fwd L LOD SCP (W fwd R between M's feet pivot RF, side L twd wall & LOD continue RF turn, tch R to L (as pendulum) & step side & fwd R to SCP) face LOD;
 9---12 LUNGE THRU, REC, BK (W Slip Pivot); DOUBLE REVERSE SPIN; TURN, SIDE, DRAW; BK, BK/LOCK, BK;
 9.....(SCP LOD) (Chair & Slip Pivot) Thru R check & flex knee, recover L, bk R turn 1/8 LF (W thru L check, recover R, leave L leg extended pivot on R & step L between M's feet) end CP LOD & COH;
 10.....(Double Reverse Spin) Fwd L turn LF, side R slightly around W on toe turning LF, tch L to R turning on R toe to face LOD CP (W bk R turn LF, heel turn on R bring L to R transfer wgt to L toe continue LF turn/side & bk R LOD continue LF turn, continue turn XLIF of R); NOTE: Remain in CP throughout DOUBLE REVERSE SPIN end CP/LOD;
 11.....(Drag Hesitation)(CP LOD) Fwd L turn 1/4 LF, side R LOD, draw L to R blend Contra Bjo facing RLOD & COH;
 12.....(Bk Lock) Bk L LOD, bk R/XLIF of R (W XIB), bk R;
 13-16 IMPETUS SCP; MANUV; SPIN TURN; BK, SIDE, CLOSE (CP COH & LOD);
 13.....(Open Impetus to SCP) Repeat action Meas 8;
 14.....(Manuv)(SCP LOD) Fwd R commence RF turn, side L LOD Wall, close R to L end CP RLOD;
 15.....(Spin Turn) Bk L LOD pivot 1/2 RF, fwd on R heel rise to toe turn RF M facing wall & LOD, recover side & bk on L toe (W fwd R heel to toe & pivot 1/2 RF, side & bk on L toe LOD & Wall, brush R to L fwd L on toe between M's feet);
 16.....Bk R COH & RLOD turn RF, side L COH & RLOD, close R to L (CP LOD & COH);

PART - B

- 1---4 OPEN TELEMARK (SCP); CURVED FEATHER; SWIVEL WHISK (SCP); FAN FWD, -, CLOSE (CP) LOD WALL;
 1.....(Open Telemark SCP)(CP COH LOD) Fwd L heel to toe start LF turn, continue turn side R twd COH RLOD on toe leave L leg extended, side & fwd L twd wall LOD on toe blend narrow V SCP (W bk R COH LOD commence LF turn, bring L to R no wgt turning on R heel transfer wgt to L (CP), side & fwd R twd wall LOD SCP);
 2.....(Curved Feather)(SCP LOD WALL) Fwd R curving RF, fwd L continue RF curve, continue RF turn fwd R check in contra Bjo Wall RLOD (W fwd L, side & bk R face M, small step bk L check Contra Bjo);
 3.....(Swivel Whisk)(Contra Bjo Wall RLOD) In 3 cts M bk L small step toe in & turn RF as M turns RFR ft will XIF of L no wgt (W fwd R outside M turning RF, L to side well around M, XRIB of L WHISK POS for W M still RXIF) end SCP facing COH;
 4.....(Fan to CP) Ct 1 M fwd R COH, fan L fwd & around to face ptr, close L to R (W fwd L, fan R fwd & around to face ptr, close R to L) end CP M facing LOD & Wall;
 5---8 SIDE LUNGE, REC, BK; OPEN TELEMARK TO SCP; THRU, CHASSEE, TO CONTRA BJO; MANUV;
 5.....(CP LOD)(Side Lunge) Side & slightly fwd twd wall relax R knee leave L extended keep bodies upright W's head well to L M turns head to look at W, recover L, bk R turn LF end CP LOD & COH;
 6.....(Open Telemark to SCP) Repeat action measure 1 PART B;
 7.....(Chassee Contra Bjo)(SCP LOD & WALL) Thru R blend CP, side L LOD wall/close R to L, side L blend contra Bjo;
 8.....(Contra Bjo) Maneuver R, L, R CP RLOD;
 9---12 PIVOT, 2,3 (RF 1-1/2); FWD, HOLD, HOLD (W Bk, Flare, -); BK, POINT, HOLD (W Bk, Swivel, Develope);
THRU (SCP), CHASSEE, 2,3 (W Bk turn SCP, Chassee, 2,3);
 9.....(CP RLOD) Bk L pivot RF 1-1/2 turn to end CP LOD (L, R, L);
 10.....(CP LOD) Side & fwd R between W's feet leave L leg extended, turn body RF & lead W to flare, hold (W bk L, 2 cts flare R clockwise blend SCP) COH & LOD;
 11.....(SCP LOD & COH) Bk L wall RLOD, turn RF on L & point R side wall RLOD, hold (W bk R Wall RLOD, swivel LF on R to Contra Bjo, (Develope) Bring L up R leg to knee then kick straight out to wall RLOD); (OPTION: Instead of "Develope" W may swivel on R to face M, then point L side wall RLOD matching M's point to side);
 12.....(Contra Bjo COH & LOD) M fwd R (W bk L & swivel RF to narrow V SCP), SCP chassee L/R, L;
 13-16 WEAVE, 2,3; 4,5,6; MANUV; BK TURN, SIDE, DRAW (CP COH & LOD);
 13-14..(SCP LOD & COH)(Weave) Repeat action measures 5-6 of PART A;;
 15.....(Contra Bjo)(Manuv) Fwd R, side L LOD & Wall, close R to L CP RLOD;
 16.....Bk L LOD turn RF, side R LOD, draw L to R no wgt end CP LOD & COH;

INTERLUDE

- 1---4 (LF) WALTZ TURN; (LF) WALTZ TURN (Face Wall); WHISK; PICK UP, 2,3 (CP COH & LOD);
 1-2....2 LF waltz turns end facing wall;;
 3.....(Whisk) Fwd L Wall, side & fwd R Wall & RLOD, cross L loosely in bk of R (W XIB) end V SCP COH & LOD;
 4.....Thru R, side L, close R to L picking W up to CP facing COH & LOD;

SEQUENCE: INTRO-A-B-INTERLUDE-A-B-INTERLUDE-TAG

TAG: LF PIVOT, 2,3; OVERSWAY;

- 1-2....(CP COH LOD) LF pivot, 2 face wall (W heel turn), side L LOD rise & look LOD (Leave R leg extended); Relax M's L & W's R knees & sway upper part of body twd RLOD M look at W, W look well to left;